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Hostelworld rome guide

I have traveled backpackers in Western Europe extensively and have visited many of the continent's top cities. I went to the underground parties in abandoned buildings in Paris, drank my body weight in beer in Munich, and lived as a Spaniard in Madrid. All of these are (really) beautiful places but - admittedly - none of them blew me away as backpacking in Rome did. From the first moment I saw the Roman ruins, soaring basilicas, hell, even crazy motorcycle ride people, I was hooked. To me, the history, cuisine, people and culture of Rome is unprecedented by any other European city. I've been back to Rome many times now and every time I fall in love with it all over again. Rome can be a difficult place though - it can be completely overrun with tourists at times, and one can easily get caught up in their stampede. Add the fact that all the other tutorials are trying to show you the same things (for double the price), and sometimes locals want nothing to do with dumb tourists, and you have the makings of a lame holiday. Fear not my Broke Backpackers: I'm here to lead you myself through this amazing city and at no extra cost! With my help you will gain important information about what to do and - most importantly - how to backpack Rome on the cheap. During this tour guide for Rome, we will cover additional topics such as where to eat and where to go off the beaten path. Everything and then some will be covered in this tutorial; With it, you will be more prepared to travel backpacks in this amazing city. How much does backpacking Rome cost? Although one of the most attractive cities to visit in Europe, backpacking in Rome can still be done on the cheap. With a my myth of low-cost options in addition to some proper spending habits, you'll be able to travel to Rome without breaking the bank. A comfortable daily budget for Rome backpacks would be around \$50-\$70. You can definitely get by less though with strict spending habits. Hostels in Rome are what you would expect from a big European city. The average price for a hostel is anywhere between \$20 and \$35. Most of the hostels are of high quality and conveniently located near all of Rome's top attractions. St. Peter's Basilica. If you're really trying to save a buck, there are some urban campsites located in the city as well. Costing no more than \$10 for space, camping is one of the best ways to visit Rome on a budget. Grocery stores in Italy are usually quite affordable. If you want to cook all your meals, you can eat pretty well for about \$10/day. Domestic classics like pasta, cheese, and some cured meats will be the cheapest you can buy. Rome is one of the best places to eat in Europe though! Be sure to for a meal or two in a restaurant while visiting Rome. A decent meal shouldn't cost you too much as long as you stay away from restaurants near tourist attractions. Sure, buy a travel card while hiking in Rome - Rome is a big place and you'll save heaps on public with a discount package. Backpacking Rome Daily Budget Below is an analysis of the cost of traveling to Rome for the average backpacker. Dormitory: \$20-\$35 BB basic room for two: \$140 AirBnB/temporary apartment: \$80-\$100 Average cost of public transport: \$7-\$8 City-Airport Transfer: \$12-\$16 Sandwich: \$6-\$8 You at a bar: \$5-\$8 Coffee: \$2-\$4 Bottle wine from the market: \$8 Dinner for two: \$35-\$40 Rome Budget Backpacking Tips You should never be deterred by travel expenses; Rome is no exception! Backpacking Rome can be cheap with proper spending habits. With this Rome travel guide, you'll have all the broken backpacking tips that you may probably need to save a buck. Below is a list of travel tips for backpacking in Rome on a budget. Follow these tips, and you'll see that your dollar goes much further. Always before going out: Buying full-priced drinks at the bar is a great way to waste your money. Instead, buy wine at the store and drink with your friends at their hostel/house/park/anywhere next to the actual bar. Cook at home as often as possible: One of the most proven ways to save money on backpackers is to buy your own groceries and cook at home. Buy a special card: For 18 euros (\$21), you can get a 3-day card that allows

unlimited use of local public transport. For those who will visit (a lot) museum, try looking at the Roma Pass, which allows free shipping plus discounts on museums. Grab an aperitivo: Italians will usually grab a pre-dinner snack/drink called an aperitivo. Like happy hours, aperitivos are cheaper and include special deals. Avoid paying high table fees: When dining out in Rome, you will have to pay a table fee, which basically gives you the right on the table (kind of like renting it). To limit the amount you pay, avoid eating in busier areas, more tourists, or not sitting at tables at all - eating at a bar or pizzeria. Bargain shop: There are plenty of flea markets in Rome offering screaming deals. If you're shopping for souvenirs, go to these stores instead of high-end stores. Visit important markets like Porta Portese among others for great shopping as well as a dose of history. Do it for free: There are a ton of activities that don't cost a penny - i.e. free tours - in Rome! None of this is dull or boring either. Check out any one of the free things to do while backpacking in Rome. Many of Rome's most popular attractions are also free on the first Sunday of each month! The Vatican Museums are free on the last Sunday of each month. Pack a bottle of travel water and save money every day! Want to save the world? Single-use plastic bottles are Big Threat to Marine Life - Be part of the solution and travel with a bottle of filtered water. GRAYL GEOPRESS water bottle is set up water bottle filter all in a single that you will need. Whether you need to clean water from a dorm sink in Kathmandu or a drip stream in the Andes, Geopress has got you covered. Read our full by GRAYL GEOPRESS! Where in Rome IN A RUSH? THIS IS OUR FAVORITE HOSTEL IN ROME! Beehive is the perfect outdoor, casual space for backpackers in Rome, serving organic, vegetarian breakfast!\$\$Bar & Restaurant OnsiteFree App Guide to RomeRome is a very popular city to visit and so there are plenty of places to stay here. If you're going backpacking in Rome, you won't have a problem finding the perfect location for an accident. Rome has a lot of cheap and comfortable hostels to choose from. Most rooms are conveniently located near all of Rome's top tourist attractions. Although there are several hostels to choose from in Rome, Italy is generally a guest house culture. For this reason, Airbnb apartments in Rome are amazing! The Italian host is extremely welcoming and will do his best to make your time in Rome unforgettable. On-site cooking facilities also help you save money by making your own meals. To save the most money while traveling Rome, you can - of course - reach out to potential hosts through Couchsurfing. Be sure to follow all the usual courtesy and the rules of staying with a stranger. Finally, Rome has some lovely campsites to stay in. The price will be very reasonable (less than \$10) and usually there are a lot of facilities on hand. Italians, contrary to their luxury reputation, really like to get outdoors and spend a few days roughing it up. Note that the majority of these campsites are located on the outskirts of the city. Going on to discover more about Italy after Rome? To help you find the absolute best places to stay in Italy during your backpacking adventure, check out our in-depth article on the best hostels in Italy. There are some real dorm gems in there to give it a look! If only we could all live in the Vatican.This is one of the most famous and appreciated hostels in Rome! Located near Termini Station, this hostel offers a great location, flexible accommodation, lots of activities and great service! Free cooking classes, as well as a shared dinner twice a week, mean you'll save on food in addition to learning how to cook a meal for yourself. Tea, coffee, and even regular free wine are good!source: hostelworld.comAside from being one of the best hostels around in Rome (as voted in 2011), The Yellow also promises to be the best party in Rome! With happy hours for almost half a day, bar crawls, ingested beer, and DJ nights, gold certainly makes a strong case. Hell, just staying here means you've been part of one of the top things to do in Rome at night! Partying aside, The Yellow remains a pretty solid place to stay as they offer free tours of Rome, free breakfast, and free WiFi.source: hostelworld.comLocated in Ubersocial and bustling Trastevere, this great hostel is a Great to meet fellow travelers. With the ability to serve over a hundred backpackers and in all room types, Hostel Trustever is a great place for backpackers in Rome. With a cafes, restaurants, and bars, you won't have to look far for a place to socialize or.source:hostelworld.comFor 2-4 first-time visitors, there is no better place to stay than in the heart of ancient Rome. This 35 sqm second floor apartment is within walking distance of Angelo Castle, the Vatican Museums and the Roman Arena. With basic amenities such as a minibar, a stove, guests can prepare meals in the apartment or walk to the nearby outdoor market. Top things to do in RomeYou may have seen photos, but none of them do their subject any justice. You just need to see the Roman Arena and Fori Imperiali live. This is one of the most beautiful places in Rome, so spend a lot of time watching them. Fori Imperiali is a must. As it is one of the most famous monuments in the city, you don't want to waste time queuing up to get tickets. Instead, book skip-the-line tickets and you'll have immediate access to the Roman Arena.For those more interested in the history and hidden details of the Roman Arena, you should check out this VIP tour! There are more ways to monument than you think (or see). This tour will take you to secret tunnels, old cages, where they hold lions and tigers, and to the third round (all this is a restricted area for ordinary travelers so you can enjoy exclusive access) - definitely an exciting adventure that not everyone gets to experience!2. Walking along the TiberThe Tiber river can compete with the Seine, the Thames, or any European river that is truly about beauty. Walking along the banks of the Tiber river can also be one of the most romantic activities in Rome! Take a special person for a walk here and feel love.3. Having a nice walk on Antica AppcaThe Appia Antica was once one of the most important roads in ancient Rome and is still decently preserved today. Located on the edge of the city and amid some very bucolic scenery, Appia Antica makes for a lovely afternoon hike.4. Day trip to Vatican City This country in a city worthy of all day! Visit St. Peter's Cathedral, the Vatican Library and the Sistine Chapel for the chance to see some of the holiest sites in Europe.The stairs of the Vatican Museums.Although Jinunculum has a wider view, Giardini degli Aranci has a more intimate setting. Set in a wonderful garden with orange trees, the terrace offers close-up views of places such as altare della Patria, St. Peters and more. It's definitely the best place to watch the sunset or sunrise, and a picnic here is said to be one of the most romantic things to do in Rome.6. Looking up at PantheonEven two thousand years later, the Pantheon remains one of the most impressive parts of architecture known to humans. This old shrine still houses the world's largest unforced concrete dome, and it's incredible to be standing underneath. is one of the top places to visit if you only have 3 days in Rome.Pictures of the interior does not do the justice. One of the best things to do in Rome is to take a tour of all its luxury fountains. Trevi and Quattro Fiumi are the most famous, but other little-known people, such as Naiads, Acqua Paolo, and Tartarughe, are well worth a visit.8. Taking an aperitivo in TrastevereTrastevere is a lovely neighborhood with lots of cafes and ristoranti. Take a late afternoon break at one of these cafes for an aety, a small meal before dinner that Italians love to join.9. Hunting for artRome is completely overflowing with art and you'll be surprised to find some amazing pieces in some really unexpected places. Explore the works of many of Rome's most admired artists such as Michelangelo, Caravaggio and Bernini. Check out this guide for top museums in Rome! Art is not always monumental in Rome.One of the most popular activities in Rome is to look through the story keyhole, which offers views of St. Peter's Basilica. I can tell you where it is, but that will spoil all the fun. Go on an adventure to find it! Don't be afraid to ask the locals - most if not every Roman has been to this place at least once in their lives. Backpacking Rome Journey 3 days Looking for a little inspiration? There are many places to visit in Rome in 3 days! Take a look at this journey as an example and use it for yourself if you want. Rome's top attractions as labeled: 1. Piazza del Popolo 2. Piazza di Spanga (Spanish Ladder) 3. Fontata di Trevi 4. Altar della Padria 5. Fori Imperiali 6. Roman Arena 7. Basilicia di San Giovanni 8. Terme di Caracalla 9. Circo Maximo 10. Giardino delgi Aranci 11. Isola Tiberina 12. Campo d' Fiori 13. Pantheon 14. Navona Square 15. Castel Sant'Angelo 16. Vatican City 17. Janiculum 18. Trastevere 19. Termini StationSpend 1 of 3 days in Rome to visit the most popular places! Highlights of Day 1 in Rome include great sites, like the Roman Arena, and the Trevi Fountain, and fori Imperiali.Start at the Roman Arena or Piazza del Popolo and go to another. I suggest you start at Popolo since the Roman Arena is pretty amazing at dusk when it is lit up. Popolo is home to Rome's oldest Egyptian monument and two Santa Maria churches. Nearby is also Fontana del Nettuno, one of the city's best places. Head southeast from here to visit the hugely popular Piazza di Spagna, home to the famous Spanish Steps on Instagram. At the top of the steps is the humble Trinita dei Monti church. From the steps, journey southwest to Fontana di Trevi. This ridiculously famous fountain is the subject of many travel photos as well as beating thousands of coins every day. Further west, we made a rough b-line to my favorite building in Rome. This sacred and immense temple is for all former, present and future gods. Its dome is one of the most impressive architectural achievements in human history and will cause your jaws to fall. Next stop is Piazza Venezia and and The altar of delle Padria. Take an espresso as well because this walk is a little further than the last (20-30 minutes). Climb the steps of the humble Altare della Patria and then cross the Palatine Hill to the Fori Imperiali. Roam around the boardwalks of the Forum but don't expect to touch the ruins as they are not open to the public. Qua Fori Imperiali is our final destination: the Roman Arena. Walk around or wander inside this immense iconic structure and then to a local café for a negroni; You earn it. Trevi Fountain.The self-ruled Vatican City deserves all day to be explored! We spend day 2 of this tutorial backpacking Rome to the holiest of cities in Italy.Start with an espresso and croissants in Piazza Navona and be sure to check out fontana de Quattro Fiumi. Once you're ready, start walking a little west north toward Tiber and Piazza di Ponte Sant'Angelo. Across the river is the majestic Castel Sant'Angelo, built by the Romans and later converted into a pope's fortress. These days, most invaders are more of a touristy type, equipped with cameras and high socks as opposed to pikes and crossbows. Cross the bridge and walk around Sant'Angelo's former campus. When you're done here, walk directly west along via della Conciliazione until you reach the great Piazza San Pietro (you'll know when you're coming). Although it is considered a separate sovereignty, you will not have to worry about customs or border controls, thankfully. Standing in the Square, the Basilica di San Pietro (Basilica of St. Peter's Basilica) dominates the skyline. This is an ang inspirational building, one that is a suitable home for people living most importantly in the Christian world. From there, the pope gives his sermons to members and blesses them (every Sunday at noon). You can visit the interior basilica and it is highly recommended. St. Peter is absolutely big cave, with a dome built to compete with the heavens in terms of height and beauty. Just staring at it is all that is needed. Note that there is a strict dress code when entering any building in Vatican City - no hat, no bare knees and no bare shoulders. The next most important attraction in Vatican City is the Vatican Library, best known for its sacred Sistine Chapel. Photography is forbidden, but most people still manage to take a photo with their smartphone anyway. Also worth a look in the Vatican Museums is the Raphael Room, the famous art gallery and spiral staircase. At the end of the day, as is custom in Rome, grab a drink at a local obsession. Maybe some red wine this time? St. Peter's Square.Wrapping up our 3-day itinerary for backpacking Rome, we'll glide across the southern edge of the old city, and on visit the charming Trastevere neighborhood as well as a few other important landmarks. We'll cover a larger distance on this route so you can consider buying a day ticket and using public transportation to get around. Start slowly di San Giovanni, which is home to the former pope and impressive in his own right, travels southwest towards the wonderful Terme di Caracalla. Terme is one of the most impressive archaeological sites in Rome.Once you have received your filling of Terme, heading northwest towards Maximo Circo. Nearby is the lovely Giardino degli Aranci, which is a great place to have a meal outdoors and catch some views of the city. Also, I heard there is a special keyhole around this area? Hint: it's not in Giardini.Walk down the hill next to the Tiber River and then along its banks until you reach Isola Tiberina. This tiny island doesn't have many attractions, but it's still a charming place to explore. Across Tiber and beyond Isola Tiberina is the Trastevere neighborhood, my favorite neighborhood in Rome. There are not too many monuments here, but what Trastevere lacks in the attractions is more than creating personality. Amid its narrow streets you will find some of the most interesting shops and cafes in Rome. Go out in Trastevere for a while and enjoy an espresso or other craft beer. Make sure you are hydrated because we are about to make the final push to our final destination: Janiculum. (Don't worry too much because it's still only 20 minutes from Trastevere.) Climb the winding roads until you reach the terraces of Janiculum, which offers perhaps Rome's most extensive views.From Janiculum, you can see almost the whole of Rome, from the Altare della Patria to St. Peter's. Grab a drink from one of the local cars and watch the sun set over the city. One of the many cafes in Trastevere.If you are planning to spend more than 3 days in Rome, I recommend getting out of the way beaten! Check out my suggestions below. The Apennine Mountains are after a mindset in relation to the greater and more famous Italian Alps, the Apennine Mountains are impressive in their own right and often neglected. Located a few hours' drive from Rome, these mountains are one of the most convenient escapes from the city. Here are some of the best preserved forest areas in Europe in addition to some solid skiing, hiking, paragliding and camping opportunities. You can also go white rafting in Subiaco, conveniently located just an hour's drive from Rome! Gran Sasso: the highest peak in the Apennine Mountains.Before the Romans were the leading on the Italian peninsula, the Etruscans were the ruling power. Many of the best preserved Etruscan monuments are very close to Rome. Cerveteri and Tarquinia are the most impressive of these. The BeachesMost people stayed in dense urban centers while backpacking Rome: few remember that the city is actually quite close to the Mediterranean. Just an hour away are some [picturesque coastal communities that make a great way to get away from the pressures of the city. For example Ostia, Anzio, Sperlonga and Santa Marinella.Sperlonga are of the most popular beaches near Rome.A Rome.A Eccentric and even deserted town, Calcata has recently been revived as a commune of artists. It was, at one point, completely abandoned after the government was forced to evacuate the town for fear of the village falling off a cliff. Today, the concept of collapse has been abandoned, and Calcata hosts several interesting galleries and collections of shops, thanks in part to former squat people. Make a trip out here for a taste of something different from Rome itself.TivoliAbout an hour outside of Rome is the village of Tivoli, best known for its majestic villas. Spread throughout the land are some of the crumbling estates that some emperors and popes have used as resting places. Villa Adriana, Villa d'Este, and Villa Gregoriana are the main locations in Tivoli and each is beautiful. There are several waterfalls and caves around that are also worth exploring. Villa d'Este Fountain. Still some energy left after all the sightseeing in the city center? Then try one of these hikes while hiking in Rome: Walk around Villa Ada Park - A former royal estate that has turned into a public park. This walk has a large artificial lake, an incredible variety of trees - both domestic and exotic - and a real estate of the same name. Walking Appia Antica - Probably the most popular and worthwhile walk in Rome. Travel the old path that once served as an important link in the Roman Empire, through picturesque countryside and by old Roman structures. Walk around Villa Borghese - A large urban garden built around the Borghese Galleria, which has a significant art collection. The gardens themselves have been built in English style and quite pastoral. The Appia Antica. Best travel backpack?! Psssst! The Broke Backpacker team has tried more than thirty-three batches this year! Carrying our favorite backpack is our full Nomadic Travel Bag.Read our full review! Backpacking Rome Travel Tips and City GuideRome benefits from a cool Mediterranean climate with cool winters, hot springs, scorching summers and pleasant autums. It's near the sea which means the temperature never fluctuates very much, and there's almost always a nice breeze. The weather is so pleasant in Rome that you can visit at any time of the year ... Summer in Rome is, in my opinion, a mixed bag. Heat, which peaks in August, can be a bit much at times, even oppression - 100+F days are not uncommon in the city. Rome is also completely overrun with foreigners during this time, which means the price will be at their highest level. If you travel backpacking in Rome in August, you won't find many Romans either because they usually take months off for their own vacation. This means the highway is less crowded and, therefore, less authentic. Spring and autumn are the most adorable times of the year to visit Spring is, hands down, my favorite time to visit as the city and surrounding countryside are covered in lush greenery; The temperature is also comfortable This time. Autumn is very similar to spring although there is a little less rain and lower temperatures. Winter in Rome can be a great time as Romans love to celebrate the holidays and the nearby Apennine Mountains are rife with skiing opportunities. The climate is quite mild this time around as well. Temperatures usually fluctuate around 50 degrees and rain is quite common. So don't forget to pack warm clothes with you! There are two airports in and out of Rome:Rome: Fiumicino and Ciampino. Fiumicino is the city's main international airport and most will fly into this one if they come from long distances or on major airlines. Note that it is quite far from the city center, closer to the coast. Located in the southeastern suburbs, Ciampino is the smaller, low-cost airport that budget airlines service such as Ryanair, Easyjet, and Wizzair.There are a few affordable ways to get from the airport to the city center. Both Fiumicino and Ciampino are served by bus routes costing no more than \$7 each. There are all kinds of trains in and out of Rome.From Fiumicino, catch a Terravision bus for \$7 (or \$5 if you book in advance and online) to Termini station. From Ciampino, take the ATAC 520 bus to Cinecittà/Subaugusta or go to Ciampino train station and then catch the train to Termini - previously priced at \$2 and then \$4. There are several other private companies that also offer direct transfers to Termini and at good prices, like Terravision.There's a direct train from Fiumicino to Rome that costs \$17.50. Note that this train does not go directly to Termini - if you want to get here, you will have to get off at Tiburtina or Ostiense and hop on the B line. Rome is one of the most popular stops along any Eurotrip, and so there are plenty of routes serving the city. From Termini, you can travel anywhere in Europe. See the Long Distance section from Rome for more. Traveling in Rome is now super easy when you book with FlixBus! Buy your FlixBus bus ticket in advance at the most competitive price for quick and last minute travel. With connections in 28 European countries and over 2000 destinations, you can sit back and relax knowing that FlixBus will get you there in time. Discover how to travel smartly and cheapest - book on FlixBus now and set off! Going around Rome can be frustrating at times. Between many buses, trains, taxis, trams and self-driving options, you're sure to get to where you need to be, but you'll probably utter a few cats along the way. If you intend to join any form of public transport, you need to buy a pass of some kind. Choose a public transport for days or a Roma Card; the following includes discounts on entry to cultural sites in addition to free public transport. Either way, both will include traveling on any bus, train or subway in the city of Rome for a period of time determined. You can buy a single trip multiple-day tickets at most kiosk stations or at one of the many local tobacco bars/shops. Upon entering the bus/train/etc you will have to confirm the ticket at a small yellow machine. Although much of Rome is covered by some form of public transport, the experience can be a mixed bag. Buses are often congested, trams are crumbling, and air conditioning is rare. Throw in the fact that Rome is constantly being built, causing frequent re-routes, and the whole incident seems too frustrating. Most of Rome's most notable attractions are located in the Historic Centre and are within walking distance of each other. You will be able to see a lot of walking and just use public transport when you want to visit the outer neighborhoods of the city, like Ostiense or Apia Antica.Most will use the bus once or maybe twice daily to come back. You'll only need to use public transport if you want to get out of rome's less visited areas, like Appia Antica or the coast. Renting a scooter is always an option as well. There is only a limited amount of time in Rome, but do you still want to see the best hotspot cities? We recommend booking a one-day Rome tour. This tour offers you skip-the-line tickets to attractions, flexible listings and matching famous monuments (you can choose which monuments you want to see) and the driver also jumps in as a professional guide. You'll learn everything you need to know about the city, its history and more without the stress of planning your trip! And in case you want to add a little spice to the normal tour, you can also explore Rome on the segway. Keep in mind that you must be at least 16 years old and in good condition to be able to join this Segway tour. Also, nothing can stop the ultimate pleasure! Long distance travel from RomeGetting out of Rome is as simple as coming to Rome. Those intending to travel across Europe further can take one of the many convenient bus or train options from Rome.Ga Termini as the main train station in Rome, and most long-distance rail options can be found here. Termini is conveniently located in the heart of the city. There are several European bus companies serving Rome and the majority of them are very affordable. Popular FlixBus is one of the most popular companies in Europe in part due to its excellent price, comfort and absolute coverage. Note that many buses actually depart from another station called Tiburtina, located further north through San Lorenzo. Be sure to check your departure point when taking the bus out of Rome.Some domestic companies offer trips to remote Italian destinations such as Sicily, Bari and the Alps. Some bus companies are Marozzi, Baitour, and Marino.Those who are using the train to travel backpacking in Europe will be happy to know that, of course, Rome is one of the main cities accessible. If you don't have a convenient Eurorail card, try visiting this location to find the train for you. One of the most popular ways to get around Europe is to ride a shared car. BlaBlaCar has become vastly popular over the years and is more method of going to many localities to go around. Download the app and find someone who's going (near) your next stop. Want a trip to Rome? Rome suffered a bit of a disagreement when it came to public safety. On the one sex, violent crime and murder in Rome are among the lowest in Europe, fewer than other major cities such as London, Paris, Madrid and Amsterdam. On the other hand, petty crime, including pickpockets, petty theft and fraud is one of the highest crimes on the continent. When traveling in Rome, it is very important to be aware of your personal belongings and surroundings. There are a lot of thieves who like to target tourists, and they have become quite good at picking them out of the crowd. For the right opportunity, say in a busy market or in an abandoned alley, they will lift your wallet without you even knowing. Be sure to take all the usual precautions that you should take while traveling. Keep your wallet in your front pocket or in a chest strap. Bring a handbag and camera with straps on your chest as opposed to just dangling down your shoulders. Never leave an visvised item. Crooked Romans use some deceptive techniques to trick tourists as well. Be wary of groups of children suddenly running up to you as well as people who appear too friendly or curious - both will try to distract you when their accomplices sneak up to grab your bag. Don't enjoy beg beglers, hawkers or fighters either. Most are unfortunately bound to the mafia and don't have anything good to offer. At the end of the day, avoid the victim going down to common sense. If you are careful and know what you are doing, then you will be alright. Remember that you are not a celebrity and that, no matter who you are, you can be a target. If you are robbed, locals and police alike are often very helpful. Want to keep your money safe? You should always have emergency cash hidden on you - get this amazing security belt with its hidden pocket before you travel, it's perfect for hiding money, a copy of your passport. Grab your money belt here. Travel insurance for RomeTraveling without insurance would be risky so consider having good backpack insurance arranged before you come out on an adventure. I have been using world nodies for some time now and made a few claims over the years. They are easy to use, professional and relatively affordable. They can also allow you to buy or renew a policy once you have started your trip and have been abroad which is super handy. If there is an insurance company I believe It's World Nomads. To find out why I use World Nomads, see my World Nomads Insurance review. Getting estimates from World Nomads is simple - just click on the button or image below, fill in The necessary information, and you are on your way! Let's face it, sometimes we all need to be in a hostel. Hostels are great for meeting fellow travelers and only spaces where you can do your thing at your own pace. Backpacker accommodation in Rome is far from cheap, however. I'll just say that prices are incredible once you find out what they are. So stay at a hostel for a night or two and consider your other options: Couchsurf! If you manage to land a Couchsurfing location in Rome, you will have successfully eliminated your greatest cost: accommodation. I'll be honest with you. Couchsurfing is more popular than ever. Couchsurfing locations in Rome can get up to 50+ requests PER DAY! The point is, while I won't explicitly count on Couchsurfing in Rome, I'll definitely give it an honest go. Make sure you send a very convincing message short of selling your body and your soul. Tap into your backpacker network: If you've made any kind of backpack before, you probably know someone who knows someone from Rome. Before you start your Rome backpacking trip, I suggest you put your feelers out there and ask your network of friends if they know someone that you might crash with a night or two. The locals know all the secret points in Rome.There is no shortage of delicious and romantic places to enjoy a meal in Rome. Amidst the many convenient cafes found in the beautiful city center and authentic mom 'n pop joints spread throughout, you are sure to find the perfect bite while hiking in Rome.Most of the restaurants around Rome's main attractions are catered to hungry tourists. For this reason, these points are often more expensive and, in some ways, less authentic. For example, many people serve pizza and pasta, which is a service that you do not usually see in Italy - pizza should be purchased from a pizzeria and pasta should be purchased from a ristorante. Either way, sit down at a café like Piazza Navona or Campo de' Fiori, just don't expect a cheap meal or inspired cuisine. The best places to eat in Rome are either located in some dingy or remote corners of the city. Most are very hypothetical as well and you can walk by the best one without knowing it. For example, Trattoria Sora Lella, which won the best trattoria in Rome, is a small hole-in-the-wall located on isola Tiberina.For the best food in Rome, head to isolated suburbs and city neighborhoods where the majority of Romans reside. In addition to Rome's own cooking style, you will find hard dishes from every other corner of the country. For a list of examples of Italian cooking, check out the Dining section of our backpack Italian guide. Remember that sit down fees are common in Rome. You can save yourself the pain of paying them by avoiding sitting at the table altogether, instead at a bar. If you want to sit down at a ristorante, travel outside the city where the price is lower, where the sit-down fee is not taken and the food more authentic. A typical ristorante scene in Rome.Rome is one of those places that is buzzing day-in and day-out, always alive and seemingly never sleeping. There are many nightlife in Rome that fit a culture that likes to stay up late. Although it may feel like there are an endless number of things to do in Rome at night, there are some districts that are better than others. The key to going out in this city will be knowing which districts are the best. Rome excels in café culture. Nearly all cracks in the city are filled with some kind of watering hole ... down the smallest hole in the wall. Many times I have wandered through several dingy search gates in Rome during the day just to return to the same at night and find it a bar happening. Nearby Campo de' Fiori and Testaccio are the two most famous late-night areas in downtown Rome. Here you will find dozens of bars and hundreds of chairs to relax at. These areas are often full of foreigners, especially during the summer months. Across the Tiber River, Trastevere is also a great place to enjoy a drink. This is a slightly more diverse crowd with foreigners and locals alike interspersed. Beer lovers will be delighted to find the absolutely modest Che Siete Venue ghost an Fa that has crafted selection of perhaps the best beer in Italy.San Lorenzo is probably the easiest place to party in Rome as the district is full of students, hipsters, and party people in general. Piazza dell'Immacolata is the most meeting place before hitting the bars and a lot of times it's a venue inside itself. In this area you will find nightlife in all its forms from cafes to foreign bars to full nightclubs. You can have a drink to come. | source: Jorge Royan (wikicommons)Here are my favorite books set in Rome... The Backpacker Bible - Get it for free! Learn how to ditch your desk and travel the world on just \$10 a day while building a life of long-term travel with an online income. To inspire and help the next generation of Broke Backpackers, you can now grab 'How to Travel the World on \$10 a Day' for free! Get your copy here. 1, Claudius - A semi-autobiographical novel involving one of Rome's most unlikely emperors, Tiberius Claudius, who witnessed the rise and fall of some of the Empire's most notorious figures. The Roman Spring of Mrs. Stone - One of Tennessee Williams' first novels, this novel tells the story of a frustrated woman who drifts past as she mourns the loss of her husband as well as her youth. That Awful Mess on Via Merulana - A gritty detective novel that ends up illustrating an even grtier Rome in the early days of fascism and Mussolini.The Woman of Rome - Set at the height of fascism, this novel tells the story of some characters who accidentally betrayed themselves and became the person they never expected. Lonely Planet Italy - It's sometimes worth traveling with a guide book. Although the history of Lonely Planet sells out and writes about places they have not been to, they have done a good job with For it's here! Long-term travel is great. Giving back is awesome too. For backpackers looking to travel long-term on a budget in Rome while making a real impact on local communities, look no further than the Packers World. World Packers is a great platform that connects visitors with meaningful volunteer locations around the world. In exchange for a few hours of work per day, your room and board are covered. Backpackers can spend long periods volunteering in a great place without spending any money. Meaningful life and travel experience are rooted in stepping out of your comfort zone and into the world of a purpose project. Worldpackers open the door to work opportunities in hostels, homestays, NGOs and ecological projects around the world. We tried and approved us ourselves - check out our Worldpackers in-depth review here. If you're ready to create a life-changing travel experience and give it back to the community, join the Worldpacker community now. As a Broke Backpacker reader, you'll get a special discount of \$20. Just use the BROKEBACKPACKER discount code and get your membership a discount from \$49 a year to only \$29.Make money online while backpacking RomeTraveling in Rome or Italy long term? Want to make money when you're not exploring the city? Teaching English online is a great way to earn consistent income - from anywhere in the world with a good internet connection. Depending on your level (or your motivation to get a degree like a TEFL certificate), you can teach English remotely from your laptop, save some cash for your next adventure, and make a positive impact on the world by improving someone else's language skills! It's a win-win! Check out this article in detail for everything you need to know to start teaching English online. In addition to offering you a degree to teach English online, TEFL courses open up a wide range of opportunities and you can find teaching jobs all over the world. To learn more about TEFL courses and how you can teach English around the world, read my in-depth report on teaching English abroad. Broke Backpacker readers get a 35% discount on TEFL courses with MyTEFL (just enter the BACKPKR code), to learn more, please read my in-depth report on teaching English abroad. Whether you want to teach English online or want to take your teaching game one step further by finding a job teaching English abroad, getting your TEFL certificate is a step in the right direction. As a Responsible Backpacker in RomeReduce Your Plastic Footprint: Perhaps the best thing you can do for our planet is to make sure you don't add to the worldwide plastic problem Do not buy disposable water bottles, plastic ends up in landfills or in the ocean. Instead, packing a bottle of tourist water is difficult. Go and watch A Plastic Ocean on Netflix - it will change the way you watch plastic problems in the world; you need to understand what we are up against. If you It doesn't matter, leave my site. Don't pick up single-use plastic bags, you're a backpacker - bring your daypack if you need to go to the store or run errands. Keep in mind that many animal products in the countries you come across will not be ethically bred and will not be of the highest quality. I'm a predator but when I'm on the road, I only eat chicken. Mass breeding of cows eats leads to rainforests being cut down - which is obviously a huge problem. Recently, my cake venture, Active Roots began selling water bottles. For every bottle of Active Roots water sold, we donate 10% to PlasticOceans.org - a great initiative aimed at educating people about the risk of single-use plastic and helping to clean our oceans. Help save the planet, whether you have a bottle of Active Roots or not - RESPONSIBLE for your plastic footprint, not a dick. Need more guidance? - Check out our article on how to become a responsible backpacker. Backpacking in Rome will give you many opportunities to engage in desolation, and it is very important to have fun, relax, and get a little wild at times. Most of the backpacking trips I've been around the world have included at least a few mornings where I woke up knowing I was going too far. There are some things that will put you in the category of a jackass straight up if you make them. Being super big and obnoxious in a small hotel at 3am is a classic rookie backpack mistake. Everyone in the hostel will hate you when you wake them up. Show your respect while hiking in Rome, and anywhere else for that matter! Guests are advised to climb the walls of ancient churches/castles, monuments or touch other historical artifacts/art. Learn to appreciate the cultural treasures of Rome and not be that dickhead who adds to their demise. Millions of people come to Rome every year. People need to be aware of the potential effects of their visit. Yay for transparency! Some of the links in this post are link links. This means that if you book your accommodation, buy a book or arrange your insurance, I will earn a small commission at no extra cost to you. I just linked to things I was actually using and never confirmed crap. Your support helps me continue the site.

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